

Christiana Institute of Advanced Surgery/Weight Loss Center of Delaware

**Patient Quiz**

The following questions are designed to continue our educational process in providing you with the foundation to make an informed decision regarding surgery.

Read each question carefully and circle T or F.

1. T F	After obesity surgery, patients no longer need to diet, and they can eat anything they want.
2. T F	Obesity surgery guarantees a permanent weight loss for the rest of your life.
3. T F	Staple lines and suture lines from the surgery can result in a leak.
4. T F	After obesity surgery, it is possible the patient could require intensive care (short or long-term).
5. T F	It is possible a patient can become dangerously depressed after obesity surgery.
6. T F	Obesity surgery is a very serious and risky surgery.
7. T F	Morbid obesity brings with it an increased risk for a shorter life expectancy.
8. T F	Vomiting, nausea and the inability to eat certain foods are all possible complications following obesity surgery.
9. T F	Obesity surgery is considered cosmetic surgery.
10. T F	Obesity surgery is just a “tool”, and the patient needs to make various changes in eating habits, as well as exercise habits for it to be successful.
11. T F	Surgical, pulmonary, cardiovascular, and psychological complications and death are all possible post-surgical complications after bypass surgery.
12. T F	Gastric bypass is the only operation available for patients who are morbidly obese.
13. T F	Clots in the legs or pelvis may result from obesity surgery. These clots can loosen and travel to the lungs, causing sensations such as breathlessness and chest pain.
14. T F	It is absolutely imperative patients take prescribed vitamins after surgery for the rest of their lives.
15. T F	Surgery for morbid obesity will commit patients to periodic physician follow-up visits for the rest of their lives.
16. T F	Re-operation is sometimes necessary due to bursting of stitches or staples, leakage, blockage of intestines or stomach, and other causes.
17. T F	After 6 months of losing weight, patients can go back to eating anything they want.
18. T F	It is possible to become healthier after obesity surgery if a patient follows all of the rules.
19. T F	Obesity surgery is recommended only for those patients that fit within the NIH guidelines.
20. T F	In order for obesity surgery to be successful, a patient must realize this is a lifetime commitment; it is not an easy fix.
21. T F	Morbid obesity is a condition that can be controlled by self-control in a strongly motivated patient.
22. T F	All patients are good surgical candidates.
23. T F	After gastric bypass, some patients are just lucky and do not have to exercise or return to the office for follow-up visits.

This is to certify that I completed this questionnaire myself without any help in the actual answering of the questions.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Examiner Signature: \_\_\_\_\_